

Our Staff

The Dolphin Academy was started by some of the finest swimming instructors in the Augusta area. Coach Jeffrey Rout has worked with the best competitive swimmers in Augusta at Greater Augusta Swimming, Augusta College (ASU) and ASL. Coach Amy Ristroph has been refining young swimmers strokes for over 20 years in backyard pools and with summer league and year-round teams. 'Miss' Maggie Duncan and 'Miss' Lee Fuller have decades of experience teaching little ones to get wet and enjoy the water. Come learn and have fun with the experts!

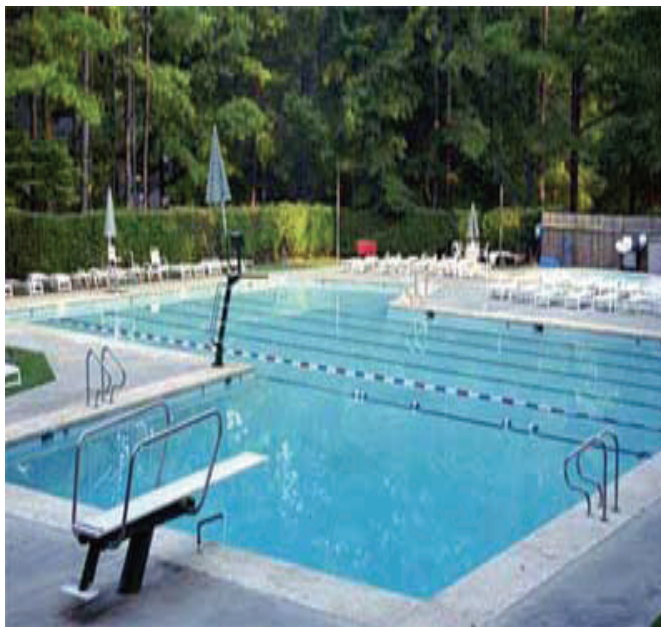
The Dolphin Academy
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Augusta, GA 30914

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Email: l.fuller01@comcast.net

Website:
<http://www.gasswim.com/school>

The Dolphin Academy is proud to call the Petersburg Racquet Club our home.



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The Dolphin Academy

THE DOLPHIN ACADEMY

**Learn to Swim!
Improve Technique!
Improve Fitness!
Have Fun with the
Dolphins!**



The Dolphin Academy Program

A parent and child class for babies and toddlers under the age of three. Parent/Student to Instructor ratio is 6:1. The program DolphinBabies has four levels:

- DolphinBabies
- Advanced DolphinBabies
- Super DolphinBabies
- X-treme DolphinBabies

DolphinKids is a program designed just for three year olds. This class captures the child's imagination through the use of daily themes while teaching children submersion, breath control and destination swimming. Student to Instructor ratio is 4:1. The program DolphinKids has four levels:

- DolphinKids
- Advanced DolphinKids
- Super DolphinKids
- X-treme DolphinKids

The Dolphin Program was designed for children aged four years and older. This program emphasizes the important foundational skills of floating, gliding, stroking, and kicking by utilizing drill formats. The Dolphin students will swim required distances using proper form and, except for Preschool Dolphins, master independent breathing. Student to Instructor ratio is 4:1. The Dolphin Program consists of five levels:

- Preschool Dolphins
- Dolphins
- Advanced Dolphins
- Super Dolphins
- X-treme Dolphins

The Whales Program introduces and refines the four competitive swim strokes including proper starts and turns. These advanced swimmers will learn endurance alongside proper technique. Some safety skills, snorkeling skills and boating skills are also introduced. Student to Instructor ratio is 6:1. The Whales Program consists of four levels:

- Whales
- Advanced Whales
- Super Whales
- X-treme Whales

Summer sessions start May 31st. Each session lasts one week and consists of three forty minute lessons; Monday, Wednesday and Thursday. Classes start at 3:30, 4:10 and 4:50 PM. Make-ups due to bad weather will be on Fridays.

Other sessions start June 7, June 14, June 21, June 28, July 5, July 12, July 19 and July 26.

Lessons cost \$60 per session. Private lessons are also available at \$25 per half-hour. Semi-private (2 student) lessons are \$20 per half-hour. Non-PRC member costs are slightly more. Saturday and morning classes are also available. Call 706-877-7077 for answers.

Classes are formed with busy schedules in mind. Because of the flexibility of our program, in most cases all members of the family can take lessons at the same time. Convenience, family fun and fitness all at one time in one place! Make your reservations today!